

CARDIOGYM CG6 The one machine that does all!

SPACE SAVING:

With the recumbent cycle and pulley system combined in the one unit the overall footprint is smaller than traditional machines making it easier to fit into smaller facilities and save on valuable space.

PULLEY SYSTEM:

An extensive range of over 10ft on the cable from starting point to finish allows the desired play required for many different exercises

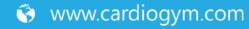
Quality Loos aircraft cable and chrome feeder pulleys create the smoothest weight resistance feel possible Dual 70lb weight stacks allows for multiple users at the same time.

CONSOLE:

The CG6 Console has pre-set exercises for the user to follow. Reach your set time or repetition count target goals before moving onto the next exercise.

A complete exercise summary at the end of your workout will display total reps, average reps, average heart rate, distance travelled, average speed etc. information to help you improve.









FITSREAM programme allows the physician to upload video footage of their prescribed exercises for the patient to follow.

SWIVEL SEAT allows for easier mounting of bike. The step through bike design also alleviates the need of lifting the leg over the bike.

ROTARY MOTION allows for the bike to easily turn around to do forward or reverse facing exercises.

MOTORISED WEIGHT SELECTION SYSTEM is ground breaking technology that safely allows the user to select the desired weight with a simple push of a button.

VERSATILITY that the CG6 offers allows you to work any part of the body from the one machine, whether it be cardio or muscle resistive work.







"In this study, the CardioGym produced results that were not only aerobically superior then treadmills and ellipticals, but also much better in terms of weight loss, body composition, flexibility and strength improvement."





"In my opinion, the CardioGym CG6 with Cosmed cardiopulmonary stress system is the 21st century cardiology stress system."





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